

Spot the Signs – Youth Suicide Prevention Training (Parents/Carers and Family Members)



The aim of this training is to help parents, carers and family members to recognise when their young people are experiencing suicidal thoughts and provide next steps support, along with practical advice, information and signposting.

If you are a parent, carer or family member over 18 and living or working in Hertfordshire, please visit the following link for more information and to sign-up for your FREE space:

www.hertsmindnetworkcyp.org/training-workshops/spot-the-signs-emotional-wellbeing/spot-the-signs-youth-suicide-prevention-parents-carers-family-members

**For further information about the training, please contact:
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