

Crisis Food Support in Dacorum

compiled by Citizens Advice Dacorum - updated Nov 2022 (E&OE)

DENS Trussell Trust Food Voucher Scheme <https://www.trusselltrust.org/>

Help Through Hardship Helpline (Joint Citizens Advice/Trussell Trust)

0808 208 2138

Monday – Friday 9.00am – 5.00pm

Herts Help 0300 123 4044

Monday to Friday 8.00 am – 8pm and Saturday and Sunday 10.00 – 6.00 pm

Highfield Community Fridge

Highfield Community Centre. Fletcher Way, Bellgate
Hemel Hempstead
HP2 5SB

Weds and Sat 11.00-12.00pm arrive early for best selection

Sign up for alerts at foodbevg.com

Berkhamsted Community Fridge

The Community Fridge is open 10-12am, every Tuesday morning

Situated outside the front of Open Door (360-364 High Street, Berkhamsted, HP4 1HU)

Please BRING YOUR OWN BAG, otherwise you will be charged £2 for a bag

Open to everyone - please come along and help us fight food waste - no need to book. All food is given out for free

Community Food Banks (no referral nor voucher required)

- St Mary's Church, London Road, Apsley HP3 9ST
Thursday 10am – 12 noon.
- St Benedict's Church, Bennetts End HP3 8JU
Weds 9.30- noon
- All Saints Church, Kings Langley WD4 8JS
(Back of the church) Daily 9.30-5pm

- Olio Food app

- TooGoodToGo app

Both available on Ios and Android phones, sharing excess food from supermarkets and restaurants

Healthy Start Card – if you are pregnant or have children under 4 and are on a low income sign up for this at NHS <https://www.healthystart.nhs.uk/how-to-apply/>