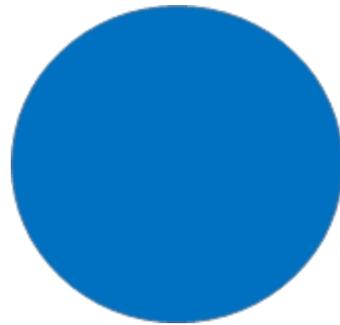
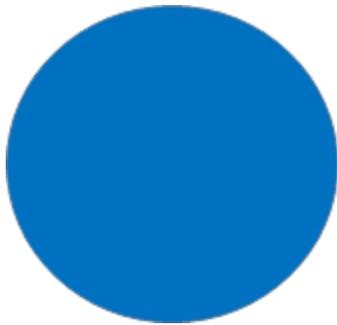
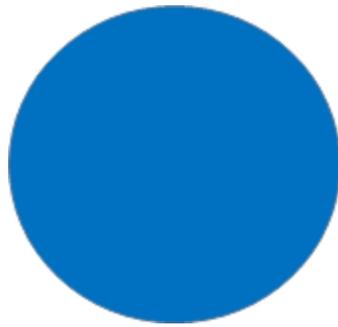
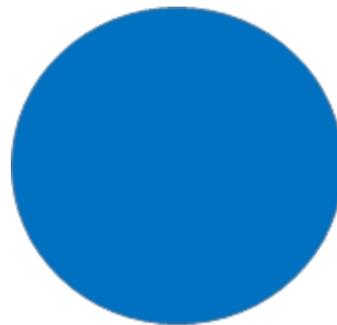
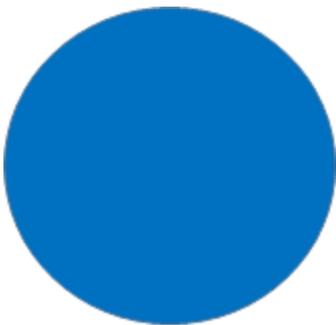
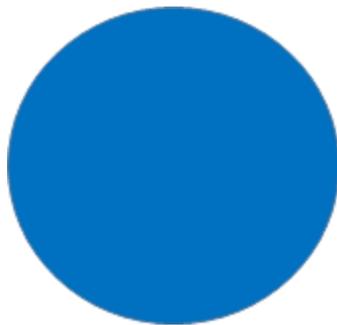
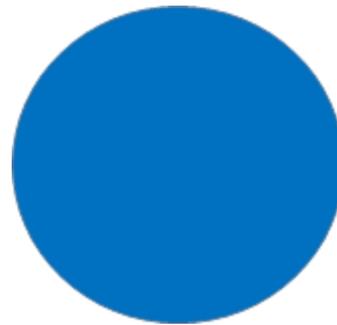
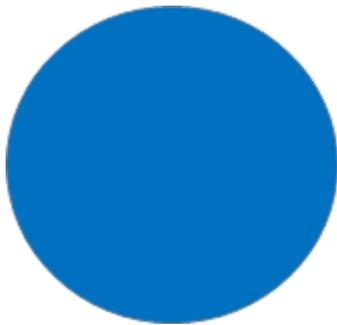
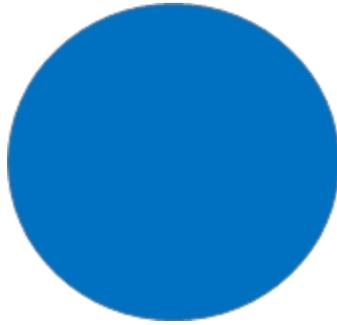


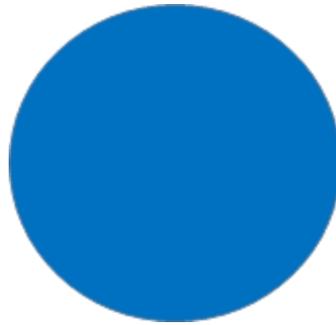
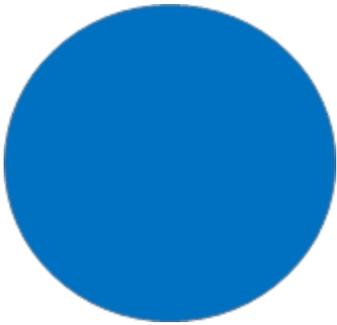
# Shuttle runs



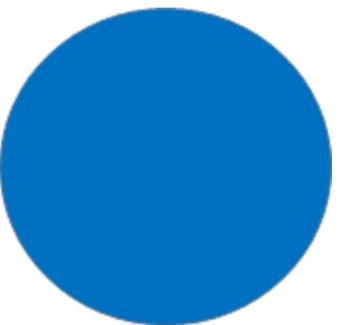
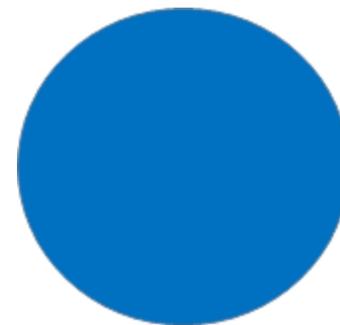
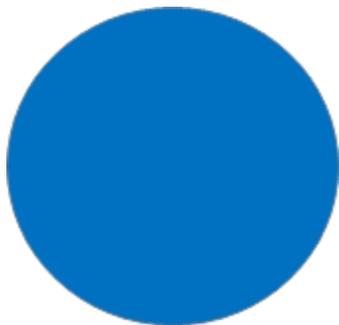
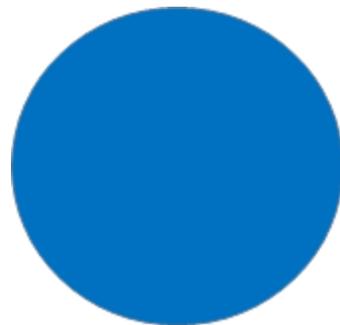
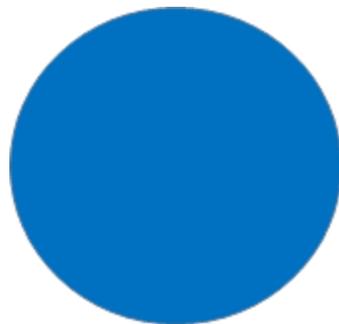
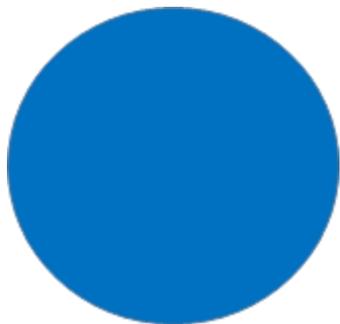
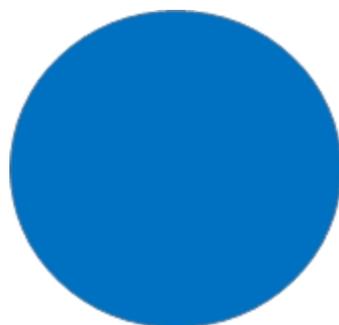
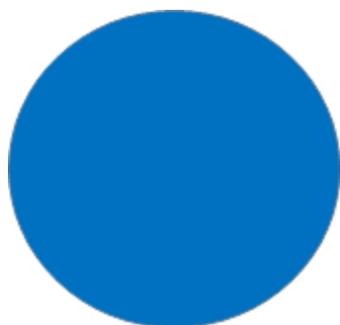
# Star jumps



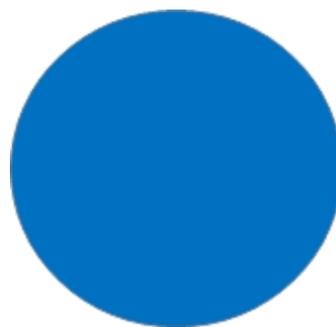
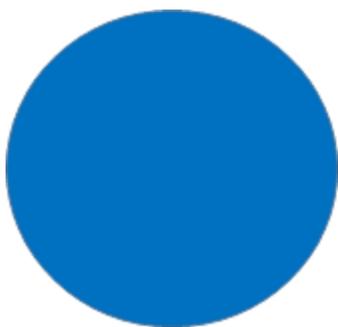
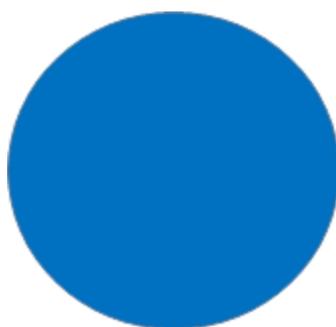
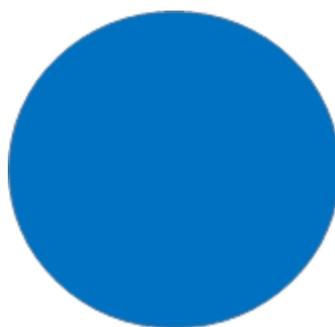
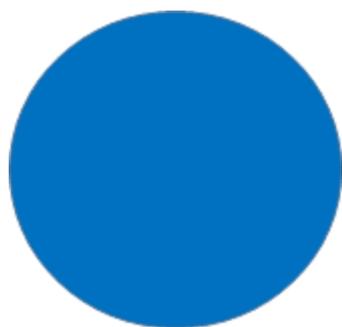
# Turns on the spot



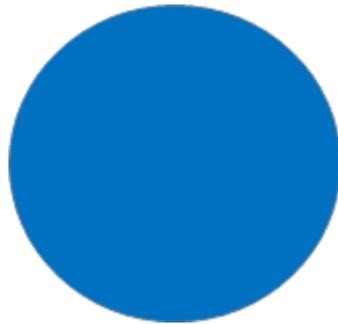
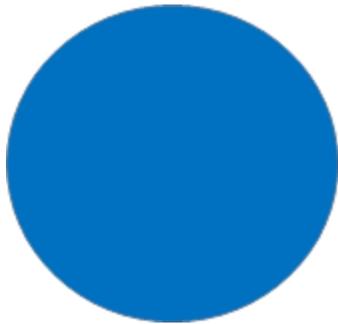
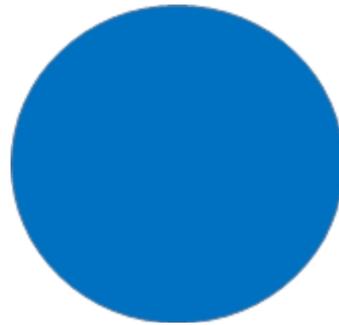
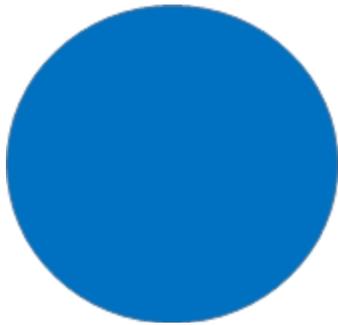
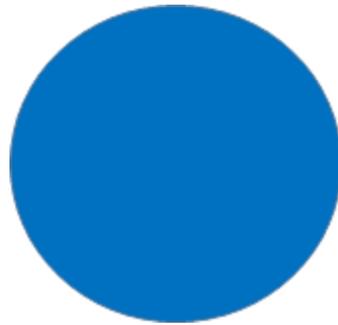
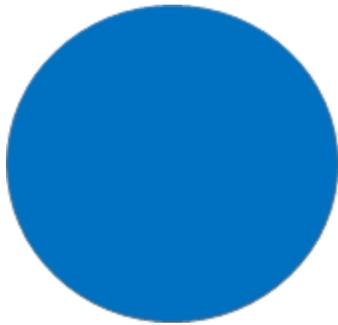
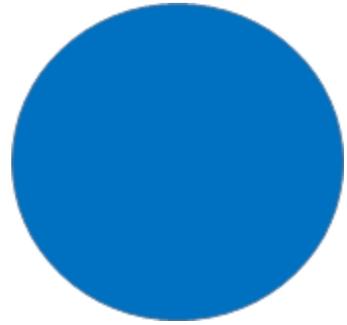
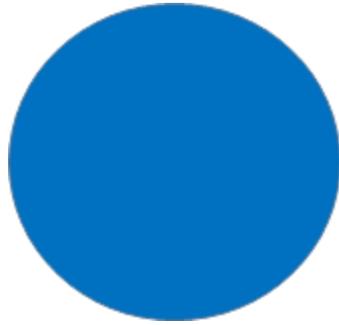
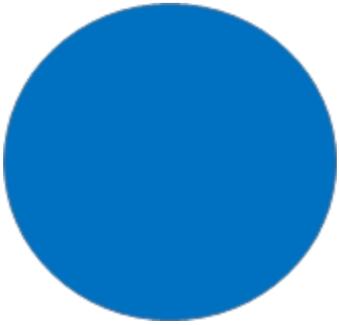
# Throw and catch a beanbag



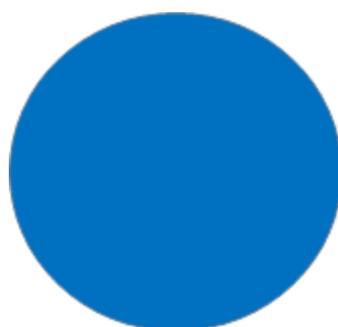
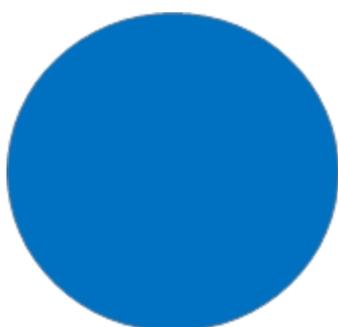
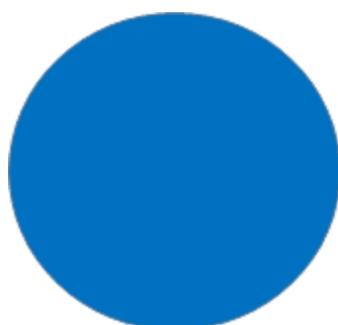
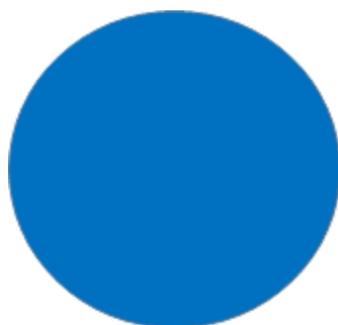
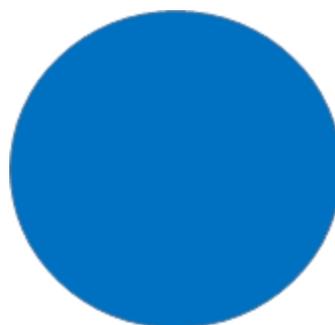
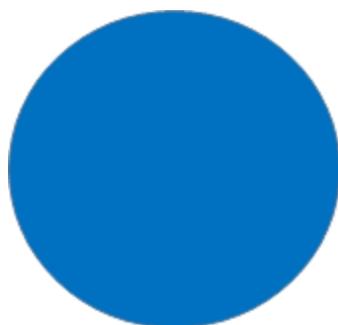
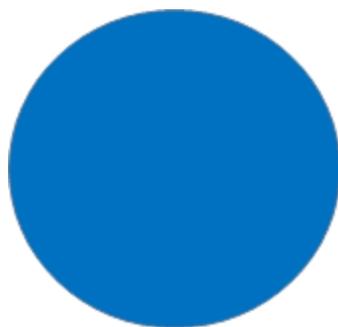
# Bunny hops



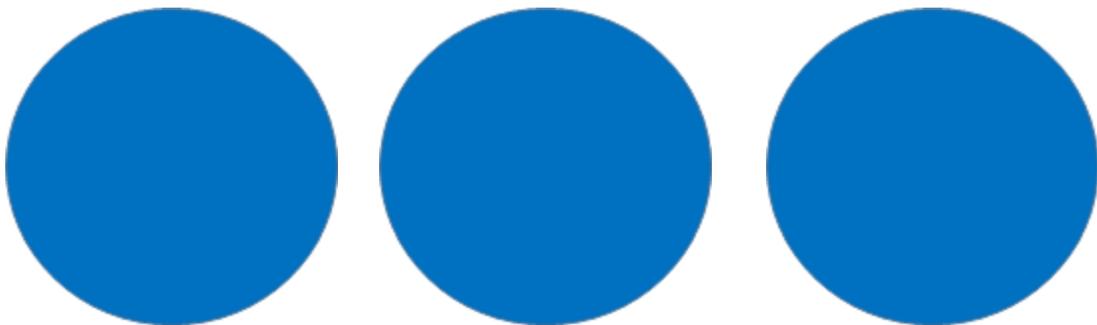
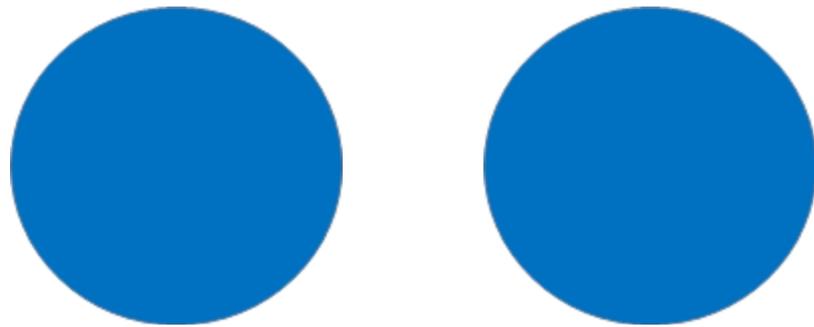
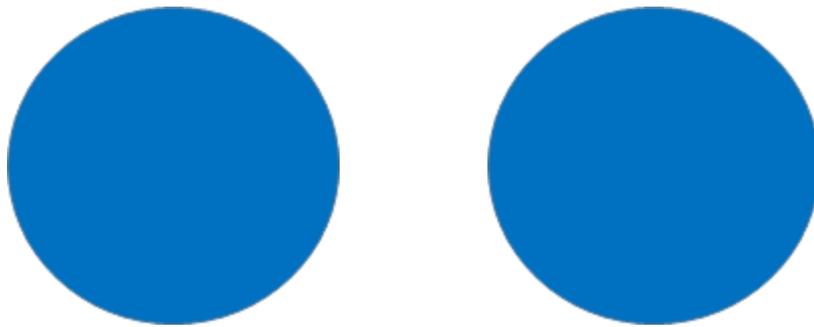
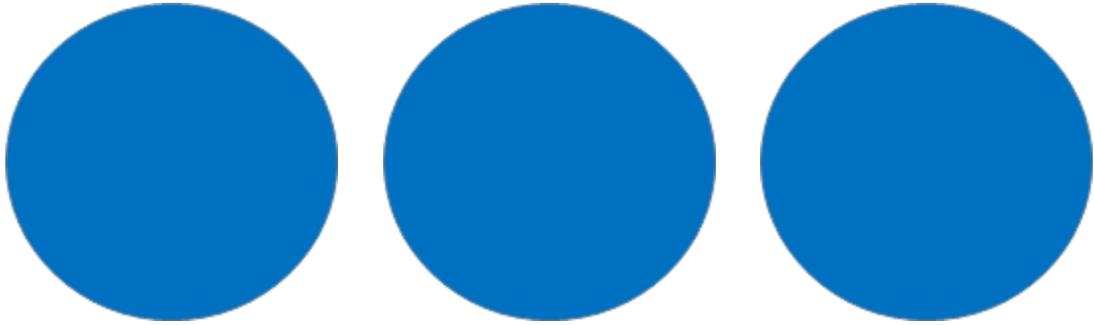
# Skips on the spot



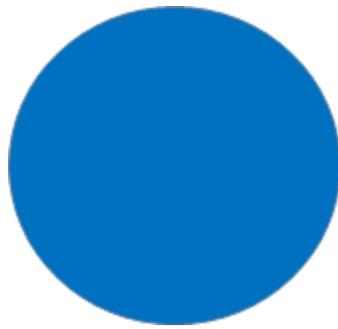
# Touch your toes



# Run and kick a ball



# Tuck jump



# Wiggle your body

