



Leverstock Green CE (VC) Primary School
Striving for excellence; caring for the individual.

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Hand, foot and mouth disease

Dear Parent/Carer,

This letter is to let you know that some children have been diagnosed with hand, foot and mouth disease. We have discussed the situation with the local Health Protection Team and are writing to provide you with advice and further information.

This is a common usually mild, childhood illness caused by a virus called an enterovirus. Hand, foot and mouth usually starts with a high temperature, reduced appetite, sore throat and generally feeling of being unwell. One or two days after these symptoms a rash will develop with blisters seen in the mouth, hands and feet. However, it is not uncommon for some cases to have no symptoms. Most children recover with no need for specific treatment.

There is no need for exclusion if a child is well enough to attend school and you do not need to wait for the blisters to heal. Keeping a child off for longer is unlikely to stop the illness spreading.

Please be assured there is no reason for any change in the class routine and no reason for children to be kept at home unless they are unwell.

Please remember if you are pregnant and have any contact with a rash type illness you are advised to contact your GP or midwife or NHS111.

More information on hand, foot and mouth disease can be obtained from:
<https://www.nhs.uk/conditions/hand-foot-mouth-disease/>

Yours sincerely

Headteacher