

You are invited to join the



PARENT & CARER PEER SUPPORT FACEBOOK GROUP



This is a community peer support group for parents and carers supporting young people who are experiencing low mental health, emotional overwhelm or are in crisis. This group is for everyday support, and also for crisis moments when you may find yourself with your child at the GP or in A&E.



This Facebook group provides a safe space for parents and carers to support each other – a place to offload, find emotional support, seek advice and or ask questions from those who may have gone through a similar experience. There is the option to post and reply anonymously, via private messaging to one of the admins.

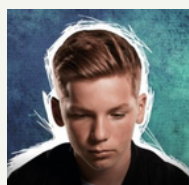


"A SAFE SPACE FOR PARENTS AND CARERS TO SUPPORT EACH OTHER"



As a peer led space, The OLLIE Foundation provides admin support, moderates the page and supports the group functions - this is a member-regulating space, and the Foundation cannot help in a professional capacity and cannot be held responsible for any actions you take based on information shared on this page.

How to join:



Please search for the group on Facebook, it's called
Parent and Carer Peer Support Group - The OLLIE Foundation – 2021
Click "request to join"
Please complete the 2 questions and that's all you need to do!



Lived experience and 'hive' wisdom will allow users to ask for and give advice but members are reminded to always take responsibility for the guidance they choose to follow and that the group rules advise that you fact check and take all necessary precautions before acting on information or advice shared.

WE WOULD LOVE TO WELCOME YOU TO JOIN THIS GROUP.

WE STRONGLY BELIEVE THAT TOGETHER WE CAN BE MORE THAN THE SUM OF OUR PARTS.