

DO YOU STRUGGLE TO
MAKE CHANGE AS A
FAMILY? ARE YOUR
CHANGES SHORT LIVED?
CANT GET YOUR KIDS ON
BOARD? THEN JOIN OUR

CHANGING HABITS MASTERCLASS

AND GAIN THE SKILLS YOU
NEED TO MAKE HEALTHY
HABITS FOR YOUR FAMILY!



[CLICK HERE](#)
[TO REGISTER](#)

It's freeeee!!

18:30 - 19:30 • Monday 24th May